

With IDaLigners we are committed to making orthodontic treatment a collaborative process between our clinician partners, our contracted case managers and the patient. This requires the expertise of doctors, as well as a full understanding from the patients to ensure the best results. It is important for you to understand the inherent limitations and potential risks that are associated with clear aligner treatment.

The risk associated with aligner treatment is rarely severe enough to suggest foregoing treatment altogether, however choosing to cancel treatment and instead embrace the current condition of your smile is always a legitimate option. Always review all possible alignment solutions with your doctor before starting on your IDaLigner journey. **Read the following information carefully and share any questions or concerns you have with your doctor, who is available as a resource to ensure you fully understand the treatment and all expectations placed on you as a patient or parent/guardian.**

IDaLigners

As exciting as your proposed treatment is, it is important for you to understand the nature of IDaLigners and any potential risks related to the treatment. IDaLigners are an orthodontic treatment that utilizes patient-specific, sequenced aligners to shift dentition into a patient's desired smile and alleviate any functional difficulties. These aligners are used to achieve the same results as traditional metal braces, without the adverse side effects of metal brackets in the sensitive oral environment.

The benefits of IDaLigners include:

- Easy cleaning and eating
- Shortened appointment times
- Smooth surfaces for comfort inside the mouth
- An almost invisible appearance

Even though the benefits of clear aligners generally outweigh any potential risk, we want you to be fully aware of the treatment so you can make a confident and informed decision when choosing IDaLigners.

POTENTIAL RISKS OF CLEAR ALIGNERS

As with any orthodontic treatment, IDaLigners may carry some of the same potential risks. While our plans are designed to be as precise as possible, treatment time can sometimes exceed your expectations. This can result from :

- not wearing aligners for the recommended number of hours a day
- missing appointments
- excessive bone growth
- poor oral hygiene
- broken appliances

In addition to increasing the treatment time, these situations may also increase cost and have an impact on your overall results.

- Smooth aligner surfaces make sores and swelling of the soft oral tissue rare but this still can occur.
- Any affect to speech is generally resolved on its own as you grow accustomed to the aligners. It typically only lasts for a few days.
- Specially designed “buttons” may be temporarily attached to your teeth in order to complete treatment. When you are not wearing your aligners, these can feel odd in the mouth. They are removed when treatment is complete.
- Unusually shaped teeth may have an impact on treatment time. Shorter than average teeth as an example can present issues with aligner retention and slow or even halt the shifting of teeth.
- In rare circumstances an allergic reaction to the aligner material may occur .
- Tooth and soft tissue sensitivity is common during treatment, especially when transitioning to a new aligner.
- If aligner breakage should occur, contact your doctor immediately for a replacement.
- As with any removable intra-oral appliance, an aligner may be partially or fully swallowed or aspirated by accident.
- Maintaining good oral hygiene is always important and especially so throughout your treatment. Periodontal disease, tooth decay, decalcification or inflammation of the gums may occur if good hygiene habits and regular aligner cleaning is not maintained throughout the course of your treatment.
- In some cases, interproximal reduction may be required to create enough area for
- teeth movement where crowding is an issue.
- Certain prescription medications and overall medical health can impact the treatment.
- Bone and gums may be affected by wearing aligners, and their health may be impacted.
- If oral surgery is necessary to correct excessive crowding or severe, pre-existing jaw imbalances this must be taken into account before treatment. If this is the case with your treatment, any risks of oral surgery must also be considered.
- Tooth vitality may be compromised during the course of treatment and tooth loss can occur. Wearing aligners may aggravate pre-existing conditions with your teeth. Rarely, impacted teeth may need additional dental treatment, including endodontic or restorative treatment.
- Existing dental restorations, such as crowns and bridges, may be affected by aligners.
- Teeth may supra-erupt if not at least partially covered by the aligner.
- Root resorption does not pose any disadvantage in health conditions; however, in a poor oral environment, it may cause tooth loss. It is important to note that root shortening may occur during any orthodontic treatment.
- Any temporomandibular joint issues, such as pain, discomfort, headaches, or ear problems are rare but if encountered should be discussed immediately with your doctor.
- Your results may relapse if proper retainer wear is not followed after treatment.
- Contact your doctor if you have any problems seating or removing your aligners.
- Post treatment, any additional cosmetic or orthodontics required to achieve your desired results will include an additional cost.

INFORMED CONSENT & AGREEMENT

I have read and understood the contents of this document, which describes the considerations and risks of the IDaLigners system. I have been sufficiently informed and have been given the opportunity to discuss this form and its contents with the undersigned doctor, and to have my questions sufficiently answered. I have been asked to make a choice about my treatment, and I hereby consent to receive treatment with IDaLigners as planned, prescribed, and provided by the undersigned doctor. I agree to follow my doctor's treatment precisely as they plan, prescribe, and provide it for me, and I understand that any questions, concerns, or complaints I have regarding my treatment must be communicated to my doctor as soon as they arise. I acknowledge that neither my doctor nor IDaLigners, its employees, representatives, successors, assigns, or agents, have, can, or will make any promises or guarantees as to the success of my treatment or give any assurances of any kind concerning any particular result of my treatment. I understand that IDaLigners is not a provider of dental, medical, or health care services and cannot and does not practice dentistry, medicine or give medical advice. I understand before beginning, and in some cases during treatment it will be necessary to take impressions, radiographs (x-rays) and photographs for diagnosis, professional review by my doctor or other consulting dentist and orthodontists, and case submission to IDaLigners. I recognize that these will be included in my medical records, which records encompass "individually identifiable health information" as that term is defined and protected by the Personal Information Protection and Electronic Document Act (PIPEDA) which is Canada's federal law on patient privacy. I understand that my doctor, as a covered entity under PIPEDA, is not required to obtain my consent to use and disclose my individually identifiable health information for treatment, payment, and health care operations activities, but has chosen to do so voluntarily through this document.

Patient Name:

Signature of Patient or Parent/Guardian (if patient is a minor):

Date Time:

Witness Name:

Signature of Witness:
